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Title 22@ Social Security

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Division 1.8@ California Department of Aging

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Chapter 4@ Title III Programs-Program and Service Provider Requirements

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Article 5@ Title III C-Elderly Nutrition Program

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Section 7638.11@ Nutrition Education Services for Participants

7638.11 Nutrition Education Services for Participants

(a)

Nutrition education shall be provided a minimum of four (4) times per year to participants in congregate and home-delivered meal programs. Nutrition education for congregate sites is defined as demonstrations, presentations, lectures or small group discussions, all of which may be augmented with printed materials. Printed material may be used as the sole nutrition education component for the home-delivered meal participants, as well as in conjunction with a congregate meal nutrition education presentation.

(b)

A registered dietitian shall provide input, review, and approve the content of nutrition education prior to presentation.

(c)

Nutrition education services shall be based on the particular need of congregate and home-delivered meal participants. An annual needs assessment shall be performed by the nutrition services provider to make this determination.

(d)

A yearly written nutrition education plan shall be developed, implemented, monitored, and kept on file by the nutrition services provider as required in subsection 7636.7(c) above.